

Canefields Clubhouse Advertised Student Roles

1. **Community Mental Health Assistant (Psychology, Nursing, Human Services)**
2. **Marketing and Business Strategy Assistant**
3. **Graphic Design, ICT or Multimedia Assistant**

Canefields Clubhouse

Griffith University Community Internship Students (Sem1, Sem2 and Summer)

Internship Title: Community Mental Health Assistant (Psychology, Nursing, Human Services)

Role Description: An opportunity exists to be involved in an organisation that is committed to working *alongside* people experiencing mental health difficulties, rather than *for* people. This is facilitated through empowering its members (people with a history of homelessness and mental illness) to participate in every aspect of managing the Clubhouse; finding employment or volunteer opportunities; inviting external organisations such as Max Employment and Healthy Heroes guest speakers encouraging a commitment to health, nutrition and exercise; and in-house social enterprises which build skills and confidence. The Clubhouse model is underpinned by Positive Psychology - moving from patienthood to personhood.

Your main tasks will be to build rapport with service-users and work alongside service-users through humbly completing Clubhouse duties with other members. This will open up organic conversations from whence you can discuss working alongside service-users in other aspects of the Clubhouse that interest them - Friday Job Club, Temporary Employment Programs, Social Enterprises, Fundraising, Tuesday Max Employment, Healthy Heroes volunteer or community participation activities, and other well-being related needs that may raise. Some indicative strategies with service-users and key projects may be as follows:

Job Club (Fridays)

Canefields Clubhouse encourages members to research and post employment opportunities on a job board that may be beneficial for members and to discuss pathways to employment. You may:

- Research opportunities *with* members and post potential jobs on the board.
- Discuss *with* member/s their long-term employment goals (goal planning - see below).
- Research training/education opportunities *with* members.
- Develop Employment and Education (E&E) Achievement Cards *with* members. Any member that gains employment or completes a training course is celebrated and their name posted on the E&E board. Create the card together.

Goal Planning

You may develop a plan *with* a member regarding a specific goal, for instance, gaining a part-time and what actions the member believes would be required to reach that goal. (It is important that members do not feel under pressure to achieve a given result, but gain a sense of empowerment to explore possibilities and positive actions to move towards that possibility). For instance, a timeline of activities could include: six months volunteering at the Clubhouse to build communication and job specific skills, participation in Healthy Heroes to build physical health, and participation in peer support sessions at the Clubhouse to build resilience. The member could elect to commit to the plan and periodically review the plan at Job Club meetings to discuss how their sense of job readiness is improving over-time and when they would feel comfortable applying for jobs or participate in further activities to build their skills.



Fundraising

You may work *with* members to interact with the public at BBQs - at Bunnings and Mitre 10. You could discuss with members ways to help people feel good about the purchase, i.e. what to say when a member buys a sausage sizzle. This may assist members to feel comfortable interacting with people.

Social Enterprise - Car Detailing

You may work *with* members in sourcing new business. You may research target organisations and develop a telephone script together which introduces the need for communities to support social enterprises.

Grant Writing

You may assist in writing grant applications by focusing on the practical lifestyle and employment outcomes achieved within the Clubhouse. You may ask members for quotes and ask staff members for longitudinal data that can be included in the grant application.

Summary

It is all a team atmosphere at the Clubhouse and vitally important that members gain a sense of satisfaction and feel comfortable, so inclusion, engagement, skill and confidence building of the members is paramount. You may find it takes times to build trust and rapport with members but your consistent presence at the Clubhouse on a given day each week, and a willingness to work as a team and take an interest in people, will help build relationships with members. Be natural, be yourself, share some of your own hobbies and enable other people to do the same and gain a sense of normalisation. The most important learning/aspect of this role is treating Canefield Clubhouse members as normal human-beings rather than subjects.

Principal Supervisor:

Mr. Glen Olsen

Manager

Ph. 3807 0951

education@canefieldsclubhouse.org.au

AND

Mr. Jak Dennison

Executive Director

Ph. 3807 0951

director@canefieldsclubhouse.org.au

Days On-site

Negotiable Monday to Friday



Canefields Clubhouse

Griffith University Community Internship Students (Sem1, Sem2 and Summer)

Internship Title: Marketing and Business Strategy Assistant

Role Description: An opportunity exists to be involved in an organisation that is committed to working *alongside* people experiencing mental health difficulties, rather than *for* people. Soft entry jobs are created which provide people with exposure to employment opportunities, but without performance and social pressures. This helps people rebuild confidence, a sense of self-worth and achievement, and resilience to stressors. Current jobs offered to our members, managed by Canefields Clubhouse, is a car detailing social enterprise. An opportunity exists to help market this social enterprise and procure jobs so that more people within the Clubhouse can be employed. Some areas for consideration are:

Marketing Collateral

You may review flyers with members and update content. To gain the most from this role you will need to exercise leadership skills by being proactive in presenting marketing ideas to members for their feedback. Remember, the most important learning/aspect of this role is treating Canefield Clubhouse members as clients so that they feel important and respected, ultimately improving their sense of self-worth.

Sales

You may work *with* members in sourcing new business. You may research target organisations and develop a telephone script together which introduces the need for communities to support social enterprises.

Temporary Employment Programs

You may research prospective employers near train stations and develop strategies for approaching employers about *Temporary Employment Programs* which provide employment for a short-term period with an option for continued employment should the employer be satisfied. Think about the benefits to employers and how to retail corporate social responsibility.

N.B. You will not work with people in crisis, but those that have committed to re-building their lives. Your supervisor will advise you on people you can work with. You will participate in morning meetings at 9:30am where tasks are divided between members and your supervisor may ask members to work with you on your project.

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Canefields Clubhouse Student Roles (updated on 29/12/2014)



Canefields Clubhouse

Griffith University Community Internship Students (Sem1, Sem2 and Summer)

Internship Title: Graphic Design, ICT or Multimedia Assistant

Role Description: An opportunity exists to be involved in an organisation that is committed to working *alongside* people experiencing mental health difficulties, rather than *for* people. Soft entry jobs are created which provide people with exposure to employment opportunities, but without performance and social pressures. This helps people rebuild confidence, a sense of self-worth and achievement, and resilience to stressors. Canefields Clubhouse manages an in-house car detailing social enterprise which provides employment to some members. An opportunity exists to help market this social enterprise and procure jobs so that more people within the Clubhouse can be employed. Some areas for consideration are: Website design, marketing collateral and online videos. You may take pictures of service-users in action which will assist in the marketability of the social enterprise and allay any stigma attached to people being unable to complete a quality job.

To gain the most from this role you will need to exercise leadership skills by being proactive in presenting ideas to members for their feedback. Remember, the most important learning/aspect of this role is treating Canefields Clubhouse members as clients so that they feel important and respected, ultimately improving their sense of self-worth.

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