

Canefields Clubhouse Beenleigh Inc

Annual Report 7th October 2009



Canefields Clubhouse
Established 2000

Mission Statement & Vision

Mission Statement

Canefields Clubhouse is a psychosocial rehabilitation program offering adults with a mental illness an opportunity to experience meaningful and productive lives within their community. This assistance is provided in a psychosocial program designed to empower and support its members.

Vision

Canefields Clubhouse provides adults experiencing a mental illness:-

- A safe supportive environment to access rehabilitation services
- Respect and dignity
- Support to achieve and maintain socially satisfying lives
- Education and vocational opportunities

Philosophy

Canefields recognizes that the interaction of an individual's mental illness and the environment within which he/she lives, may contribute to the difficulties faced by a person with a mental illness. It provides a model of support which recognizes the individual needs of the person.

The Clubhouse's philosophy is founded on the basic premise of the individual's inherent worth and uniqueness and their right to the best available appropriate support that can be provided. It maintains the principles of equality, confidentiality and respect for the individual's rights to self determination. The service offers each individual support to make informed choices and decisions in relation to the service he or she receives.

Built into the philosophy are the theories of social justice, consumer advocacy and acceptance of all individuals irrespective of race, colour, creed, class, gender, lifestyle or moral code.

Canefields Clubhouse Beenleigh Inc. will facilitate continuity of support by linking in and working closely with mental health agencies, community agencies and other primary health services. This in turn will contribute to the better co-ordination of service delivery for people with a mental illness.

Canefields philosophy is based on the 36 Standards for Clubhouse Programs which collectively guarantee member inclusion and opportunity in every aspect of the clubhouse.

The Clubhouse Model and Canefields Clubhouse

The First Clubhouse

The first Clubhouse, “Fountain House” was established in New York in 1948. The “Fountain House model” is a social intervention in community rehabilitation for people who experience mental illness. “Fountain House” proved to be very successful, assisting people who experience mental health problems to lead vocationally and socially fulfilling lives. Clubhouse has now become an international phenomenon, with hundreds of Clubhouses worldwide, including 9 in Australia, with more being formed. Canefields Clubhouse is founded on the “Fountain House model” of psychosocial and vocational rehabilitation, assisting people who experience mental illness in the Beenleigh/Logan region to have access to work, valued social roles and community participation.

A Short History of Canefields Clubhouse Beenleigh Inc

Canefields Clubhouse started with a group of carers, parents, consumers and mental health professionals looking for ideas to set up a service to provide assistance to people experiencing mental illness. Canefields Clubhouse officially opened on 5th May 2000 and was based on the International Standards of Clubhouse Development, “The Clubhouse Model” of psychosocial rehabilitation. Prior to Canefields Clubhouse opening, it was evident that there was an urgent need for a central meeting point for mental health consumers in their local community. The Clubhouse was auspiced by Community Care in Beenleigh for a period of 12 months. In 2001 Canefields was incorporated and became a free standing clubhouse with it’s own Management committee.

In 2008 Canefields achieved 3 Years Un-conditional Certification from the International Centre for Clubhouse Development (ICCD) .

The Clubhouse today has grown to 600 members and offers mental health consumers a psycho-social rehabilitation program, including both vocational and Social recreation opportunities. Currently Clubhouse is open 5 days a week—8.00am to 4.30pm and offers social recreation programs on evenings and week-ends. The Clubhouse is funded by both State and Federal Governments.



Nathan Wylie at Currumbin Wildlife Park

President's Report

Nathan Seng

After a number of changes in the composition of the Management Committee, I was very pleased and privileged to become the elected President of Canefields Clubhouse Beenleigh Inc. earlier this year. Other additions to the Management Committee are Margaret McEvoy, Clare Armistead, Richard Green, Jacki Beaufond and Steve Veltmeyer. I also welcome the new Canefields patron, Donald James Waters.

The last twelve months have strengthened the overall strategic direction of the Clubhouse and has provided ample opportunity to further implement our already extensive Quality Assurance and Continuous Improvement practices.

A highlight of the year was a review with the Department of Communities – Disability Services. This review concluded the governance and administration of Canefields satisfies all departmental and legislative requirements.

This coming year, 2010 will, be the 10th anniversary of Canefields Clubhouse. We have ambitious plans for this new decade to greatly expand our work and to strengthen Canefields Clubhouse. To do this we need to build new partnerships. We need to work with state, federal and local governments, businesses, other like minded organisations and individuals; we need to identify additional funding partners, develop new leaders and significantly increase our advocacy efforts.

The Management Committee has discussed a number of priorities for the Association and I am sure the newly elected committee will continue striving to meet these goals.

Premises – a number of improvements have been made to our current premises. The Management Committee remains committed to securing a long term, affordable tenancy to take the Clubhouse well into the future.

Branding and Promotion – Liaison with politicians, government departments, business and community leaders to enhance Canefields image and profile.

Job Development – Developing new job opportunities for Clubhouse members.

Research – Exploration and development of partnerships to implement research projects within the Clubhouse community.

The effort of Treasurer Rowan Siepen and his committee assistant Raymond Crowther and Director Jennifer Fulcher have further enhanced the financial management of Canefields

The quality of the management and control of grant income and related expenditure is reflected in the audited financial accounts and the financial viability of Canefields is as strong as it has even been.

Of course it is the members and staff of the Clubhouse who, with the leadership of the Director, make it the strong, supportive community that it is.

On behalf of the management committee I thank them all. The Director and staff often go above and beyond the call of duty in supporting people with a mental illness to achieve their dreams.



Christmas 2008



Australasian Conference Sydney 2008



Group shot at Dream World 2009



Training Base visit 2009

Nine Years of Canefields Clubhouse

Executive Director Jennifer Fulcher

It was a great challenge to have started Canefields Clubhouse back in the year 2000 with a group of volunteers, mental health consumers, carers and mental health professionals. From small beginnings—2 staff and 20 members operating from a small residence in Manilla Street Beenleigh with funding for us to open 3 days per week to where we are now, being funded by both State and Federal Governments in our current premises with 600 members and 6 staff.

Over the past 2 years we have seen many highlights;-

- In 2008 Canefields achieved 3 Years Un-conditional Certification from International Centre for Clubhouse Development (ICCD) . Achieving a 3 year certification is a testament to the exceptional efforts of our members, staff and management committee.
- Training is always a highlight in any clubhouses calendar. Four members and four staff have attended trainings at Genesis Clubhouse in Milwaukie, USA and Stepping Stone in Cooparoo, Australia. The conference in Sydney hosted by Pioneer Clubhouse in September 2008 was another highlight attended by 7 members, 3 staff and 1 management committee member. Thanks to the Mental Health Association all attendance at trainings and the conference have been funded.
- Also thanks to the Mental Health Association we were able to install our Data Base system and renew the clubhouses computers. Jupiters Community Benefit Fund funded a brand new 13 seater bus which has made an enormous difference to our ability to transport our members.
- Canefields has commenced it's own housing program. Successfully managing a private rental unit in Beenleigh which houses two members, we have also supported 12 members into private rental and Queensland Housing properties.
- The introduction of the No Interest Loan Scheme in August 2009 further enhanced the support network provided by Canefields Clubhouse, offering people living with a mental illness the opportunity to improve their financial capabilities, offering them fair and equitable access to interest free loans. This funding has been provided by the National Bank of Australia.
- The 3rd Annual Art show, cocktail party and auction was in October last year. This year is the 4th Annual art show and is to be held during Mental Health Week on 9th October. This year we have been funded by Disability Services and the Mental Health Association of Queensland to stage an even bigger and better show than last year.

- Last but not least while we were in Sydney at the 8th Australasian conference, Canefields was asked to host the 2010 Australasian Conference. Of course we accepted with great pride. We are looking forward to this event in September 2010.

As we look ahead to 2010 and the next 10 years, not only myself but staff and members altogether ponder upon how best to prepare for the coming years.

The greatest challenge we continue to face is the need to purchase our own premises. It is the goal of the management committee, members and staff of Canefields to put all our energy into acquiring a permanent premises for the clubhouse.

The Clubhouse has battled, like everyone else in the community, with the economic down turn. However, due to the generosity of various businesses and the hard work of the members and staff of the Clubhouse, we have experienced a very successful year.

2010 is our 10th anniversary and the start of a new decade for the clubhouse and the continuation of the unstoppable mission to support members to find opportunities to rejoin the worlds of friendship, family, important work, employment, education and to access the services and supports they may individually need.

After almost 10 years in the clubhouse, I am still very proud to be part of the ICCD Clubhouse model of psychosocial rehabilitation.

Canefields is a restorative environment for people who have had their lives drastically disrupted, and need the support of others who believe that recovery from a mental illness is not a myth but is possible for all.



Members and management committee
Member working in the Employment & Education Unit



Members working in Mega Space



Andrew Strachan, Jack Yatsko, Jennifer Fulcher and Nathan Seng at Certification Visit 2008

Employment and Education

Mary Slade

As a right of membership, Clubhouse provides members with opportunities to return to paid employment in integrated work settings through Transitional Employment and Supported and Independent Employment Programs.

Transitional Employment is a highly structured program for members returning to work for community-based mainstream employers.

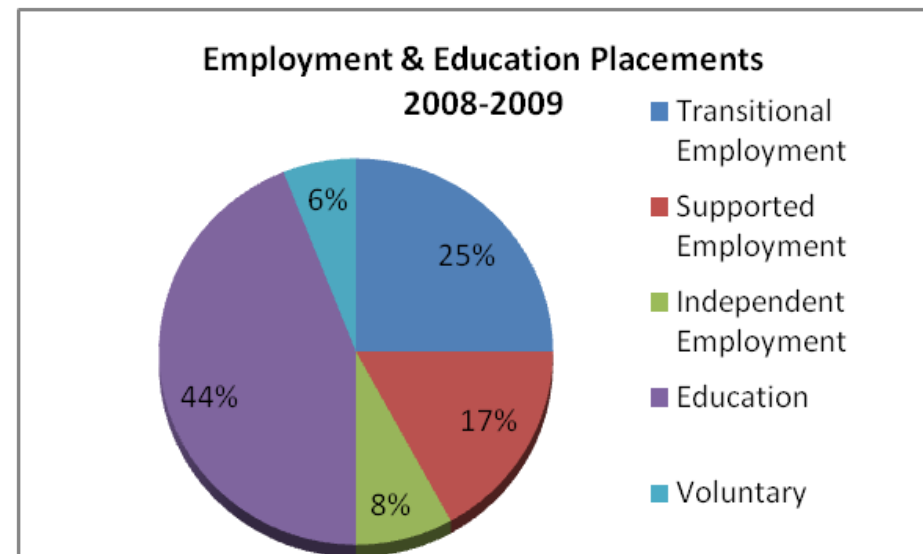
Supported Employment is a program of the Clubhouse through which members, when ready, are given help to apply for and acquire a job of their own.

Independent Employment, all of the support is at the Clubhouse or off-site from the job rather than at the employer's place of business. Both Supported and Independent Employment are not time limited.

Education, the Clubhouse offers educational opportunities for members to complete or start certificate and degree programs at academic institutions and adult education programs. The Clubhouse also uses the talents and skills of members and staff to provide in-house educational opportunities such as computer courses, first aid, occupational safety and health, and adult learning particularly those focused on literacy or basic education.



Colin Simmonds working At Langs Timber & Hardware



The Employment and Education Unit is continuously working towards gaining employment opportunities for members. The Employment & Education unit have formulated strategies for securing employment placements for members. These strategies include networking with relevant networks and productive partnerships with local employers, businesses, education providers, including the local TAFE services, for increased access to appropriate employment opportunities, education and training courses. Canefields participates in many reference and advisory groups in our sector and region. While we will continue to nurture and build on these linkages we will also actively seek new linkages through our community networks and referral base, to expand our service and continue to achieve outcomes for our members.

Canefields would like to take the opportunity of thanking our Supporters. Thank you so much

List of our sponsors and supporters:

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Langs Building Supplies
Hope Island Rotary Club
Interlink Housing & Support
Yatala Super Butcher
De Bortoli Wines
Logan City Council
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Bunning's Warehouse-Compton Rd
Bunning's Warehouse-Kingston Rd
Beenleigh Market Place
Balloons Aloft Gold Coast
Loganholme Cineplex Cinemas
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Bakers Delight-Hyperdome
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Mental Health Council of Australia
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McDonalds Restaurant-Beenleigh
Sams Warehouse Beenleigh
Bristol Street Accounting Pty Ltd

Canefields Clubhouse Beenleigh Inc The No Interest Loans Scheme (NILS)

The No Interest Loan Scheme

NILS commenced in the clubhouse in August 2009. After 18 months of preparation finally the program was approved by the Good Shepherd Youth and Family Services and the National Australia Bank.



Faye Westlake presenting the first NILS cheque to Nathan Krebs

What is NILS:

The Canefields No Interest Loan Scheme offers people on low incomes the opportunity to access credit for essential household items without any fees, charges or interest payments. The No Interest Loan Scheme is committed to achieving a more just and equitable society for people living on low incomes with a mental illness by promoting economic and social participation in a market which has resulted in structural and financial forms of exclusion. So far 7 Clubhouse members have accessed Nils Loans amounting to \$6,553.89 being loaned out to date.

Members Story

Hi I'm Mark and I would like to tell you how I found out about Canefields Clubhouse and what they offer. I took a friend to the Community Health Centre where I met the Director of Clubhouse and I was given a flyer. I was presented with information about Canefields, which is an establishment that helps people with mental illness rehabilitate, for example helping them find jobs. That is the main reason I went to check it out. I have made new friends and applied for some jobs. There's lots of things to keep us occupied like learning new things on the computers, art classes and cooking. It is great because it is just up the road from the biggest park in Beenleigh which offers lots too.

Mark Urquart

Canefields Clubhouse Beenleigh Inc Financial Year 2008-2009

As this is my last year as Treasurer of Canefields Clubhouse, due to work and family commitments, I would like to take the opportunity of saying, the past 6 years as Treasurer have been an interesting journey. I have watched the Clubhouse grow from a small organisation to where it is today. I am confident the future holds great things for Canefields and wish them all the best on their journey upwards.

Rowan Siepen

The primary sources of funding for Canefields Clubhouse are State, Federal, private grants and fundraising as follows:-

Program

Department of Communities- Disability Services	\$221,626.00
Department of Health & Ageing D2DL program	\$114,070.00
Other grants	\$106,002.94
Fundraising Income	\$ 4,307.60
Donations	\$ 2,909.00
Interest	\$ 70.94
Other	<u>\$ 23,281.55</u>
Total	\$472,268.03

Expenditure	<u>\$466,638.42</u>
Net surplus	<u>\$ 5,629.61</u>

Assets

Office furniture, equipment etc	
Computers and database	
Motor vehicles	\$ 64,696.00



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